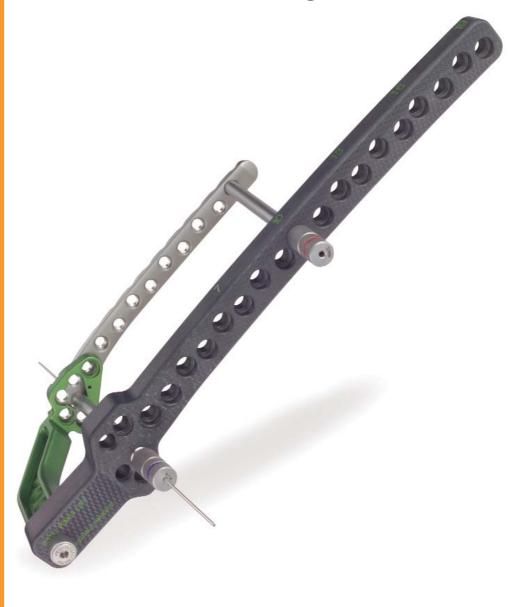


### Targeter System for 4.5mm Distal Femur Locking Plate



### PERI-LOC<sup>\*</sup> Periarticular Locked Plating System

Sterile Targeter System for 4.5mm Distal Femur Locking Plate Surgical Technique

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#### Nota Bene

The technique description herein is made available to the healthcare professional to illustrate the author's suggested treatment for the uncomplicated procedure. In the final analysis, the preferred treatment is that which addresses the needs of the specific patient.

### Product Overview

The PERI-LOC° Periarticular Locked Plating System from Smith & Nephew offers the advantages of sterile locked plating with the flexibility and benefits of traditional plating in one system. Utilizing both locking and non-locking screws, PERI-LOC offers a construct that resists angular (e.g. varus/valgus) collapse while simultaneously acting as an effective aid to fracture reduction. A simple and straightforward instrument set features one screwdriver, standardized drill bits, and color-coded instrumentation, making PERI-LOC efficient and easy to use.

All PERI-LOC sterile implants are manufactured using the highest quality 316L stainless steel for strength and durability.

The anatomical bow and precontour of the 4.5mm Distal Femur Locking Plate provides an excellent fit against the surface of the bone.

Condylar scallops on the distal end of the plate allow easy placement of lag screws outside the plate for fixation of articular fractures.

Each screw hole will accept one of four different screws allowing you to customize the screw configuration depending on the individual needs of the fracture.

- •4.5mm Self-Tapping Cortex Screw (Non-Locking)
- •4.5mm Locking Self-Tapping Cortex Screws
- •5.7mm Cannulated Locking Screw
- •6.5mm Partially Threaded Cancellous Screw

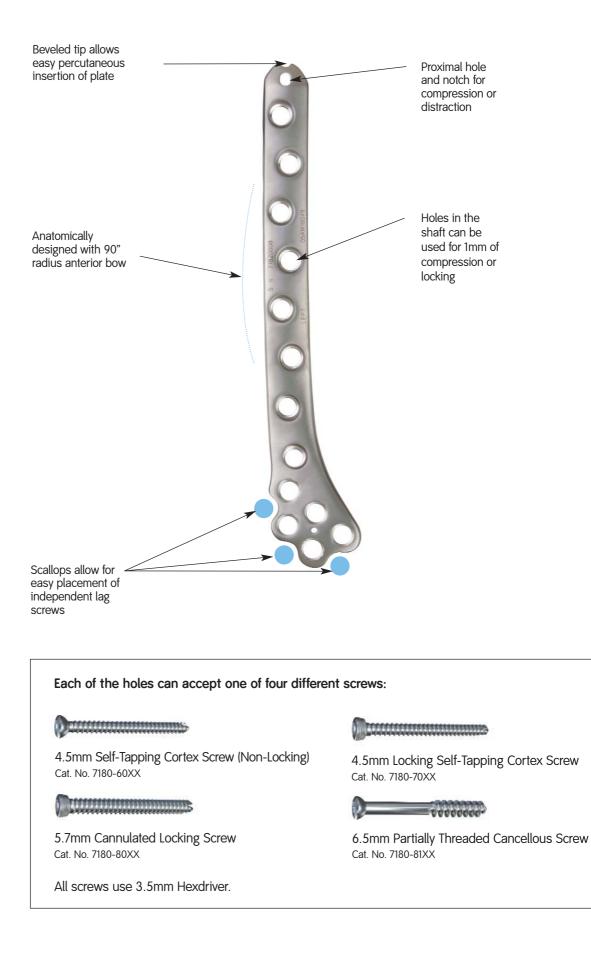
### Indications

The PERI-LOC Periarticular Locked Plating System can be used in adult and pediatric patients as well as patients with osteopenic bone. It is indicated for fixation of pelvic, small and long bone fractures, including those of the tibia, fibula, femur, pelvis, acetabulum, metacarpals, metatarsals, humerus, ulna, and calcaneus.

Disposable components in the PERI-LOC Periarticular Locked Plating System are for single use only.



### **Plate Design Features**



### Targeter Design Features



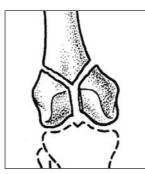
### Patient Positioning

Place the patient in a supine position on a radiolucent table. A small bump can be used under the ipsilateral hip. The entire leg and lateral hip region should be prepped and draped to allow proximal extension of the surgical exposure if necessary. A sterile tourniquet can be used, especially for distal fractures. Confirm that an unhindered lateral and AP view under fluoroscopy can be obtained.

Obtain gross metaphyseal alignment using manual traction or skeletal distraction.

### Incision

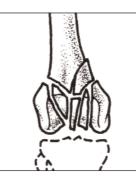
The incision illustrated below is indicated for the following fractures:



Articular simple, metaphyseal simple (33-C1) (optional)

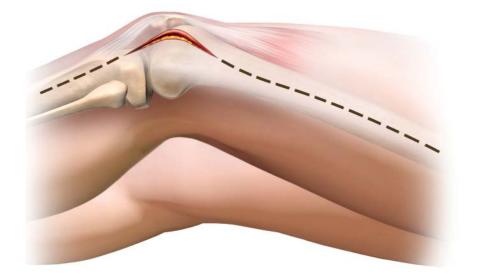


Articular simple, metaphyseal multifragmentary (33-C2)

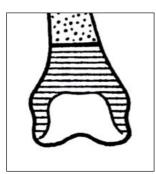


Mulitfragmentary articular fracture (33-C3)

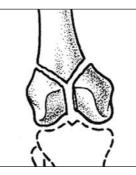
OTA Fracture Classification courtesy of the Orthopaedic Trauma Association. For more information go to www.ota.org



The incision illustrated below is indicated for the following fractures:





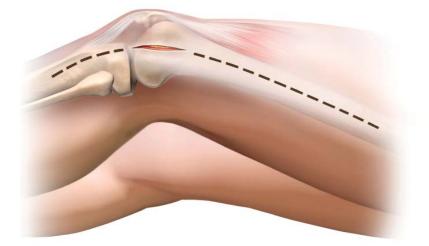


OTA Fracture Classification courtesy of the Orthopaedic Trauma Association. For more information go to www.ota.org

Extra articular (33-A)

Partial articular (33-B)

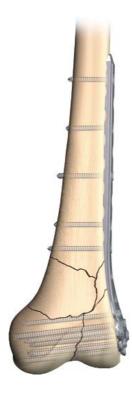
Articular simple, metaphyseal simple (33-C1) (optional)

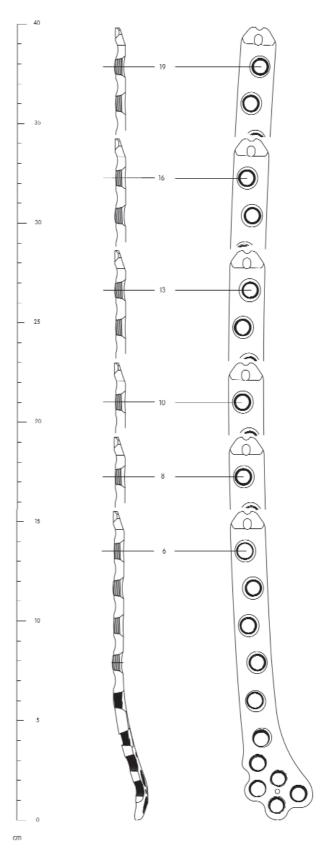


### 4.5mm Distal Femur Locking Plate Surgical Technique

### Plate Selection

Using the PERI-LOC° 4.5mm Distal Femur Locking Plate Preoperative Template, determine the appropriate length plate for the fracture. In general, a longer plate allows for better mechanical advantage over a shorter plate. It is recommended that when selecting plate length, allow for five screw holes above the most proximal aspect of the fracture.



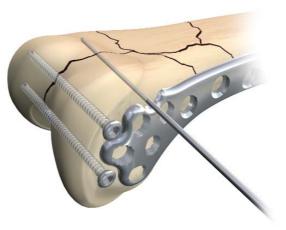


PERI-LOC  $^{\circ}$  4.5mm Distal Femur Plating Preoperative Template Cat. No. 7118-0915

### Articular Reduction and Provisional Fixation

It is important that articular fracture reduction be obtained prior to the placement of locking screws. Temporarily secure articular fragments by using K-Wires and/or Reduction Forceps. Place provisional and/or definitive fixation peripheral to the condylar contour of the plate. **Non-locking 3.5mm and 4.5mm Self-Tapping Cortex Screws can be nested peripherally in the contours of the plate.** 

**NOTE:** If a **posterior Hoffa fracture** is present, fixation can be obtained by placing 3.5mm Cortex Screws or 4.0mm Cancellous Screws from anterior to posterior. Be sure to countersink the screw heads by using the Large Fragment Countersink so that the screw heads rest below the level of articular cartilage.



### Plate and Targeter Assembly

Assemble the Targeter Base, Handle and Plate on the back table as shown.



3.5mm Self-Tapping Cortex Screw (Non-Locking) Cat. No. 7180-40XX

4.5mm Self-Tapping<br/>Cortex ScrewLarge Fragment<br/>Countersink(Non-Locking)Cat. No. 7117-3353Cat. No. 7180-60XXCat. No. 7117-3353

Targeter Base Cat. No. 7117-3440 (Left) Cat. No. 7117-3441 (Right)



Targeter Handle Cat. No. 7117-3400 (Left) Cat. No. 7117-3401 (Right)



Targeter Large Fragment Locking Post Assembly Cat. No. 7117-3398

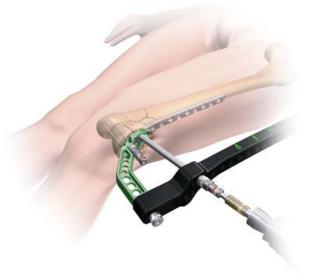
#### Plate Insertion

Insert the plate between the muscle and periosteum keeping the proximal end of plate against the femur during insertion.



#### **Position Plate**

Position the PERI-LOC° 4.5mm Distal Femur Locking Plate by matching the contour of the plate to the distal portion of the lateral femur. Insert the screw guide with the red color-coded 3.5mm drill guide into one of the distal holes. Tighten the screw guide to the base and tighten the red drill guide to the plate. Insert a long (metaphyseal) Provisional Fixation (PF) pin through the drill guide. Be careful not to over tighten the PF pin as extreme torque may cause the threads to strip.



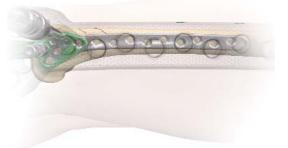
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4.5mm Distal Femur Targeter 3.5mm Locking Plate Cat. No. 7180-0008 Cat. No. 7117-3382

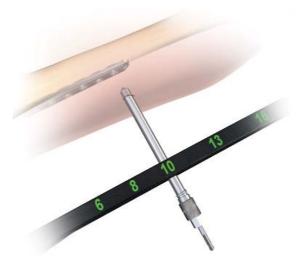
Drill Guide

Targeter Provisional Fixation Pin, 40mm Cat. No. 7117-3408

Targeter Large Fragment Screw Guide Cat.No. 7117-3397 Obtain sagittal alignment of fracture and confirm with a lateral radiograph.



To access the proximal hole, insert the screw guide with a trocar through a small stab incision until the screw guide reaches the plate and locks into the base.



Remove the trocar and insert a red drill guide, threading it into the plate.



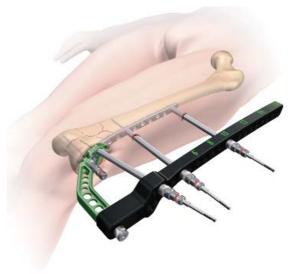
4.5mm Locking Screw Cat. No. 7180-70XX

Targeter Large Fragment Trocar Targeter Large Fragment Screw Cat. No. 7117-3404 Guide Cat.No. 7117-3397

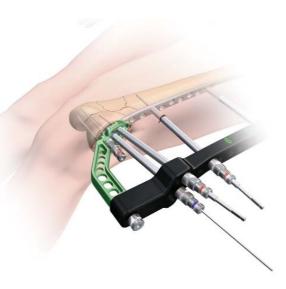
Targeter 3.5mm Drill Guide Cat. No. 7117-3382 Center the plate on the lateral aspect of the femur and apply a short (diaphyseal) PF pin in the most proximal hole.



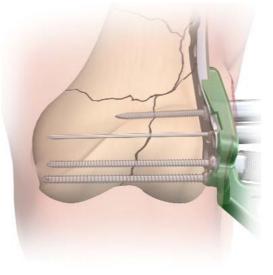
If further reduction of the distal portion in the diaphyseal fragment is required, center the plate on the distal diaphyseal fracture fragment and provisionally fix the plate close to the fracture by repeating the previous step. Obtain final confirmation of fracture alignment and implant position.



Insert the Screw Guide through any of the distal holes securing it to the base. Insert the 2.0mm K-Wire Locking Guide Insert (blue) which accepts the 2.0mm K-Wire (guide wire). This K-Wire can be redirected if necessary until it is parallel to the joint in the AP view. Loosening of the PF pins may be necessary to redirect the K-Wire parallel to the joint.



For correct coronal alignment, the K-Wire (guide wire) must be parallel to the joint in the AP view.



Targeter Large Fragment Screw Guide Cat.No. 7117-3397

Targeter Large Fragment K-Wire Guide Cat.No. 7117-3384

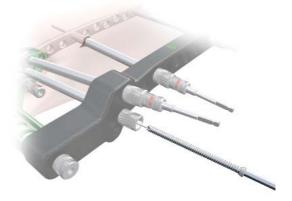
Targeter K-Wire 2.0mm x 350mm Cat.No. 7117-3381 Advance the K-Wire until it reaches the medial wall of the femoral condyle. Measure for screw length by placing the 5.7mm Cannulated Depth Gauge against the end of the Large Fragment K-Wire Guide Insert for proper measurement.



#### Screw Insertion

Remove the K-Wire Guide and implant the appropriate length 5.7mm Cannulated Locking Screw over the K-Wire and into the bone using the 3.5mm Cannulated Hexdriver Shaft.

NOTE: The 5.7mm Cannulated Screws are selfdrilling and self-tapping, making predrilling unnecessary in most cases. However, if predrilling is necessary, drill the near cortex using the 4.5mm Cannulated Drill Bit with Quick Connect.



5.7mm Cannulated Depth Gauge Cat.No. 7117-3332

Targeter Large Fragment K-Wire Guide Cat.No. 7117-3384

5.7mm Cannulated Locking Screw Cat. No. 7182-80XX Cat.No. 7117-3434

3.5mm Cannulated Hexdriver

Targeter Large Fragment 4.5mm Cannulated Drill Cat.No. 7117-3444 The remaining condylar screws can be either 6.5mm Partially-Threaded Cancellous, 5.7mm Cannulated Locking Screws or 4.5mm Locking Self-Tapping Cortex Screws. To implant 4.5mm Locking Self-Tapping Cortex Screws, predrill with the 3.5mm Drill Bit with Quick Connect through the 4.5mm/5.7mm Locking Screw Guide and 3.5mm Locking Drill Guide Insert (red), stopping short of the medial cortex. For the 6.5mm Partially-Threaded Cancellous Screw, predrill with 4.5mm Drill Bit through the Targeter 4.5mm Drill Guide.

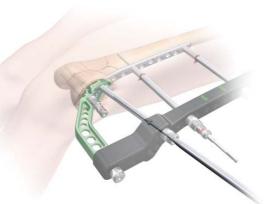
The distal PF pin should remain until all other distal screws have been implanted to keep the base-toplate alignment secure. After all other distal screws have been inserted, remove the PF pin and replace with either a 5.7mm Cannulated Locking Screw or a 4.5mm locking screw using the steps previously described.

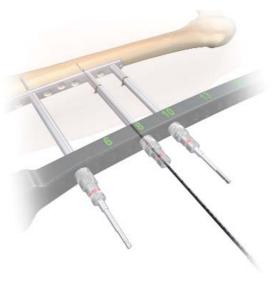
**NOTE:** Locking screws can be inserted using a powered drill system but should be tightened by hand. Tightening screws with a powered drill system may cause loss of reduction or expose the screw heads to excess torque.

The use of at least one 5.7mm Cannulated Locking Screw is recommended in the distal fragment.

**NOTE:** It may be necessary to use a unicondylar screw in the most distal hole to avoid joint impingement.

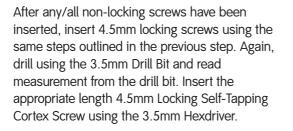
Proceed with definitive fixation of the shaft and the condylar portions with appropriate screw selections. If a combination of non-locking screws and locking screws is necessary, insert the nonlocking cortex screws before locking screws are inserted in the fragment.

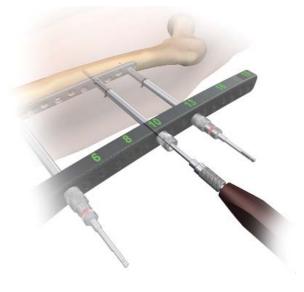


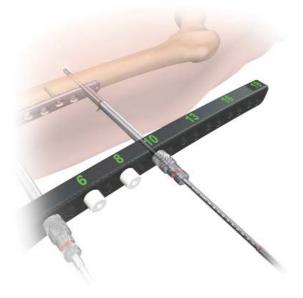


4.5mm Locking Self-Tapping Cortex Screws Cat.No. 7180-70XX Targeter 3.5mm Drill Bit Cat.No. 7117-3402 Targeter Large Fragment Screw Guide Cat. No. 7117-3397 Targeter 3.5mm Drill Guide Cat.No. 7117-3382 Targeter 4.5mm Drill Guide Cat.No. 7117-3383

Targeter Large Fragment Hexdriver Cat.No. 7117-3409 Pre-drill for the 4.5mm Self-Tapping Cortex Screws (Non-Locking) using the 3.5mm (red) Drill Bit through the 3.5mm (red) Drill Guide. Measure for length using the calibrations on the 3.5mm Drill Bit and insert the appropriate length 4.5mm Self-Tapping Cortex Screw (Non-Locking) using the 3.5mm Hexdriver.







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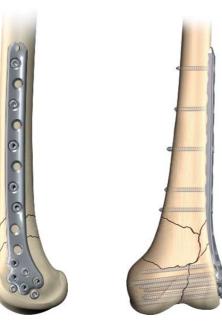
4.5mm Self-Tapping Cortex Screws (Non-Locking) Cat.No. 7180-70XX Targeter 3.5mm Drill Bit Cat.No. 7117-3402 Targeter 3.5mm Drill Guide Cat.No. 7117-3382

Targeter Large Fragment Hexdriver Cat.No. 7117-3409 The proximal hole with the PF pin should be the last to be filled in the proximal fragment. Remove the PF pin and replace with a 4.5mm Locking Self-Tapping Cortex Screw by first pre-drilling with the Targeter 3.5mm Drill Bit.

Remove the handle and base from the plate by unscrewing the Locking Post Assembly. Insert either a 4.5mm locking screw or a 5.7mm Cannulated Locking Screw by threading either the blue 2.0mm K-Wire Guide or the red 3.5mm Drill Guide into that hole and follow the previous steps for inserting the final screw.



Make sure all screws are tight before closing the wound.



Final lateral view

Final AP view

Treeseeeeeeeeeeeeeeeeeeeee

4.5mm Locking Self-Tapping Cortex Screws Cat.No. 7180-70XX Targeter 3.5mm Drill Bit Cat.No. 7117-3402

### Catalog Information – 4.5mm Sterile Distal Femur Plates

## 4.5mm Sterile Distal Femur Locking Plates

Cat. No.	Length	Quantity in Set
7180-0006	6H Left 155mm	1
7180-0008	8H Left 193mm	1
7180-0010	10H Left 230mm	1
7180-0013	13H Left 286mm	1
7180-0016	16H Left 342mm	1
7180-0019	19H Left 399mm	0
7180-0106	6H Right 155mm	1
7180-0108	8H Right 193mm	1
7180-0110	10H Right 230mm	1
7180-0113	13H Right 286mm	1
7180-0116	16H Right 342mm	1
7180-0119	19H Right 399mm	0



### Catalog Information – Sterile Large Fragment System Screws

Large Fragment System 4.5mm Sterile Self-Tapping Cortex Screws (Non-Locking)

Cat. No.	Length	Quantity in Set
7180-6014	14mm	4
7180-6016	16mm	4
7180-6018	18mm	4
7180-6020	20mm	6
7180-6022	22mm	6
7180-6024	24mm	6
7180-6026	26mm	6
7180-6028	28mm	6
7180-6030	30mm	10
7180-6032	32mm	10
7180-6034	34mm	10
7180-6036	36mm	10
7180-6038	38mm	10
7180-6040	40mm	10
7180-6042	42mm	6
7180-6044	44mm	4
7180-6046	46mm	4
7180-6048	48mm	4
7180-6050	50mm	4
7180-6052	52mm	4
7180-6054	54mm	4
7180-6056	56mm	4
7180-6058	58mm	4
7180-6060	60mm	4
7180-6062	62mm	4
7182-6064	64mm	4
7180-6066	66mm	4
7180-6068	68mm	4
7180-6070	70mm	4
7180-6072	72mm	4
7180-6074	74mm	4
7180-6076	76mm	4
7180-6078	78mm	4
7180-6080	80mm	4
7180-6085	85mm	4
7180-6090	90mm	2
7180-6095	95mm	2
7180-6100	100mm	2
7180-6105	105mm	0
7180-6110	110mm	0
7180-6115	115mm	0
7180-6120	120mm	0
7180-6125	125mm	0
7180-6130	130mm	0
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#### Large Fragment System 4.5mm Sterile Locking Self-Tapping Cortex Screws

Cat. No.	Length	Quantity in Set
7180-7010	10mm (Blunt Tip)	4
7180-7012	12mm (Blunt Tip)	4
7180-7014	14mm	4
7180-7016	16mm	4
7180-7018	18mm	4
7180-7020	20mm	6
7180-7022	22mm	6
7180-7024	24mm	6
7180-7026	26mm	6
7180-7028	28mm	6
7180-7030	30mm	10
7182-7032	32mm	10
7180-7034	34mm	10
7180-7036	36mm	10
7180-7038	38mm	10
7180-7040	40mm	10
7180-7042	42mm	6
7180-7044	44mm	4
7180-7046	46mm	4
7180-7048	48mm	4
7180-7050	50mm	4
7180-7052	52mm	4
7180-7054	54mm	4
7180-7056	56mm	4
7180-7058	58mm	4 4
7180-7060	60mm	-
7180-7062	62mm	4
7180-7064	64mm	4
7180-7066	66mm	4 4
7180-7068	68mm	•
7180-7070	70mm	4
7180-7072	72mm	•
7180-7074	74mm	4
7180-7076	76mm	4 4
7180-7078	78mm	4
7180-7080	80mm	•
7180-7085	85mm	4
7180-7090	90mm	2
7180-7095	95mm	2
7180-7100	100mm	2
7180-7105	105mm	0
7180-7110	110mm	0
7180-7115	115mm	0
7180-7120	120m	0
7180-7125	125mm	0
7180-7130	130mm	0

#### Large Fragment System 5.7mm Sterile Cannulated Locking Screws

Cat. No.	Length	Quantity in Set
7180-8020	20mm	3
7180-8025	25mm	3
7180-8030	30mm	3
7180-8035	35mm	3
7180-8040	40mm	3
7180-8045	45mm	3
7180-8050	50mm	3
7180-8055	55mm	5
7180-8060	60mm	5
7180-8065	65mm	5
7180-8070	70mm	5
7180-8075	75mm	5
7180-8080	80mm	5
7180-8085	85mm	3
7180-8090	90mm	3
7180-8095	95mm	3
7180-8100	100mm	3
7180-8105	105mm	0
7180-8110	110mm	0
7180-8115	115mm	0
7180-8120	120mm	0

## 6.5mm Sterile Partially Threaded Cancellous Screws

Cat. No.	Length	Quantity in Set
7180-8150	50mm	4
7180-8155	55mm	4
7180-8160	60mm	4
7180-8165	65mm	4
7180-8170	70mm	4
7180-8175	75mm	4
7180-8180	80mm	4
7180-8185	85mm	4
7180-8190	90mm	4
7180-8195	95mm	4
7180-8200	100mm	4
7180-8205	105mm	0
7180-8210	110mm	0

#### Washers

Cat. No.	Length	Quantity in Set
7114-3110	10mm O.D.	6
7114-3113	13mm O.D.	6





### Catalog Information – Distal Femur Targeter Instruments

Small Outer Case – 2.4" Cat. No. 7112-9401

Lid for Outer Cases Cat. No. 7112-9402

4.5mm Lateral Distal Femur Targeter Tray Cat.No. 7117-0321

Targeter 3.5mm Drill Guide Cat.No. 7117-3382

Targeter 4.5mm Drill Guide Cat.No. 7117-3383

Targeter Large Fragment K-Wire Guide Cat.No. 7117-3384

Targeter Large Fragment Screw Guide Cat.No. 7117-3397

Targeter Large Fragment Locking Post Assembly Cat.No. 7117-3398

Targeter 4.5mm Distal Femur Handle Left Cat.No. 7117-3400

Targeter 4.5mm Distal Femur Handle Right Cat.No. 7117-3401

Targeter Large Fragment Trocar Cat.No. 7117-3404

Targeter Large Fragment Hexdriver Shaft Cat.No. 7117-3409

Targeter 4.7mm Hexdriver Cat.No. 7117-3410

Targeter 3.5mm Large Fragment Cannulated Hexdriver Cat.No. 7117-3434

Targeter 4.5mm Distal Femur 19-Hole Base Left Cat.No. 7117-3440

Targeter 4.5mm Distal Femur 19-Hole Base Right Cat.No. 7117-3441

Targeter LF Base Plug Cat.No. 7117-3436







5.7mm Cannulated Depth Gauge Cat.No. 7117-3332

Large Fragment Screwdriver Handle Cat.No. 7117-3547



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### Catalog Information – Large Fragment Targeter Distal Femur Disposables

Targeter K-Wire 2.0mm x 350mm Cat.No. 7117-3381	
Targeter 3.5mm Drill Bit Cat.No. 7117-3402	
Targeter 4.5mm Drill Bit Cat.No. 7117-3403	
Targeter 3.5mm Provisional Fixation Pin, 40mm <sub>Cat.No. 7117-3408</sub>	
Targeter 3.5mm Provisional Fixation Pin, 18mm <sub>Cat.No. 7117-3416</sub>	
Targeter Large Fragment 4.5mm Cannulated Drill	

Cat.No. 7117-3444

### Catalog Information – Large Fragment System Instruments

Sharp Hook Cat. No. 7117-0043 Wire Bending Pliers, 140mm Length Cat. No. 7117-0063 Large Fragment Screw Depth Gauge 010 Cat.No. 7117-3331 5.7mm Cannulated Depth Gauge Cat.No. 7117-3526 Large Fragment Countersink -Cat.No. 7117-3353 Universal Plate Bending Irons Cat.No. 7117-3367 Hohmann Retractor Long, 15mm Width Cat.No. 7117-3393 Universal Drill Guide Handle Cat.No. 7117-3349 2.0mm Wire/Drill Insert Cat.No. 7117-3517 3.5mm Drill Guide Insert Cat.No. 7117-3513 2.0mm Parallel Wire/Drill Guide Cat.No. 7117-3516 4.5mm Drill Guide Insert Cat.No. 7117-3520 3.5mm Neutral Locking Hole Insert Cat.No. 7117-3521 3.5mm Compression Locking Hole Insert Cat.No. 7117-3522 3.5mm Neutral Slot Insert Cat.No. 7117-3519 3.5mm Compression Slot Insert Cat.No. 7117-3518 4.7mm Hexdriver

Cat.No. 7117-3540

Cannulated Bending Irons for K-Wires Cat.No. 7117-3527

Cannulated AO to Trinkle Adaptor Cat.No. 7117-3528

4.5/5.7mm Locking Screw Guide Cat.No. 7117-3539

2.0mm K-Wire Locking Guide Insert Cat.No. 7117-3531

3.5mm Locking Drill Guide Insert Cat.No. 7117-3530

4.5mm Locking Drill Guide Insert Cat.No. 7117-3532

3.5mm Locking Drill Guide – One Piece Optional Cat. No. 7117-3451

4.5mm Locking Drill Guide – One Piece Optional Cat. No. 7117-3541

Large Fragment Guide Removal Assembly Cat.No. 7117-3550

Large Screwdriver Handle Cat.No. 7117-3547

Tear Drop Handle Screwdriver with Quick Connect Cat.No. 7117-3543

Small T-Handle, Quick Coupling Cat.No. 7117-3542

3.5mm Hexdriver Shaft with AO Quick Connect Cat.No. 7117-3537

3.5mm Cannulated Hexdriver Shaft Cat.No. 7117-3536

















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### Catalog Information – Large Fragment System Forceps Tray Instruments

#### Self Centering Reverse Verbrugge

Cat. No.	Description	
7117-3544	190mm	_
7117-3545	240mm	
7117-3546	280mm	

Reduction Forceps with Ratchet, 205mm Cat. No. 7117-0044

Reduction Forceps with Speed Knob, 240mm Cat. No. 7117-0050

Socket Wrench with Universal Joint Cat. No. 7117-0143

Articulated Tension Device with Gauge Cat. No. 7117-0145

Lamina Spreader Cat. No. 7117-3365

Reduction Forceps with Ratchet-Bowed, 205mm Cat. No. 7117-3370

Reduction Forceps with Ratchet, 240mm Cat. No. 7117-3371

Reduction Forceps with Points, Broad Cat. No. 7117-3377

Reduction Forceps with Serrated Jaw Cat. No. 7117-3378











### Catalog Information – Large Fragment System Trays

PERI-LOC° Large Fragment Instrument Tray Cat.No. 7117-0327

Small Outer Case – 2.4" Cat. No. 7112-9401

Lid for Outer Cases Cat. No. 7112-9402

PERI-LOC Forceps Tray Cat. No. 7117-0326

# Catalog Information – Large Fragment System Disposables

#### K-Wires with Trocar Point and Threaded Pins

Cat. No.	Description	Quantity in Set
7116-1020	2.0mm x 150mm	6
7117-3361	2.0mm x 228mm	6

#### Taps with Quick Connect

Cat. No.	Description	Quantity in Set
7117-3319	4.5mm	2
7117-3509	6.5mm Cancellous	2

#### **Provisional Fixation Pins**

Cat. No.	Description	Quantity in Set
7117-3324	3.5mm x 18mm	4
7117-3325	3.5mm x 40mm	4

#### Drill Bits with Quick Connect

Cat. No.	Description	Quantity in Set
7117-3504	3.5mm Short	2
7117-3505	3.5mm	2
7117-3506	4.5mm	2
7117-3507	4.5mm Short	2
7117-3508	4.5mm Cannulated	2





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