

Fingertip to Shoulder Cadaveric Workshop

Thursday 30th to Friday 31st January 2020

Evelyn Cambridge Surgical Training Centre

PROGRAMME: DAY ONE

08:30	Registration tea and coffee		Seminar Room
	Welcome, Introduction and HTA codes	Lee Van Rensburg / Mr Constant	Seminar Room
09:05 – 09:20	Olecranon fractures	Niel Kang	Seminar Room
09:25 – 09:40	Proximal Radial fractures	Niel Kang	Seminar Room
09:45 – 10:00	Distal humerus fractures	Lee Van Rensburg	Seminar Room
10:05 – 10:20	Articular distal humeral fractures	Lee Van Rensburg	Seminar Room
10:30 – 12:00	PRACTICAL – elbow approaches and ORIF	LABORATORY	
12:00 – 12:30	LUNCH	SEMINAR ROOM	
12:30 – 12:45	Elbow instability	Andrew White	Seminar Room
12:50 – 13:05	Distal biceps ruptures	Andrew White	Seminar Room
13:10 – 13:25	Humeral shaft fractures	Peter Domos	Seminar Room
13:30 – 13:45	Proximal humerus fractures	Nick Aresti	Seminar Room
13:50 – 15:00	PRACTICAL – humeral approaches and ORIF	LABORATORY	
15:00 – 15:15	Clavicle fractures	Paul Robinson	Laboratory
15:20 – 15:35	Acromioclavicular joint injuries	Paul Robinson	Laboratory
15:50 – 16:05	Scapula fractures (incl floating shoulder)	LVR	Laboratory
16:10 – 16:25	Free dissection		Laboratory
16:30 – 17:00	Discussion and close	Lee Van Rensburg	Laboratory

Fingertip to Shoulder Cadaveric Workshop

Thursday 30th to Friday 31st January 2020

Evelyn Cambridge Surgical Training Centre

PROGRAMME: DAY TWO

08:30 – 08:50	Registration tea and coffee	Seminar Room	
08:50 – 09:00	Welcome, introduction and HTA codes	Phil Johnston Mr Constant	Seminar Room
<i>Delegates move to laboratory</i>			
09:15 – 10:15	PRACTICAL 1 – forearm <ul style="list-style-type: none"> Fasciotomy incision planning Henry approach to proximal / mid-shaft radius, AIN FCR bed approach to distal radius Thompson approach to dorsal forearm, PIN 		LABORATORY
10:15 – 10:25	Lecture: Distal radius fracture	Jonathan Jones	Laboratory
10:25 – 10:35	Lecture: Scaphoid fracture, perilunate injuries	Paul Crossman	
10:35 – 10:55	Tea & coffee	Reception area (outside lab)	
10:55 – 12:30	PRACTICAL 2 – wrist <ul style="list-style-type: none"> Carpal tunnel release (+extension if fixation distal radius?) Volar scaphoid approach (extend previous FCR bed approach) Dorsal approach to wrist Create a perilunate dislocation and demonstrate open reduction Guyon's canal exploration, ?excision pisiform, demonstrate ulnar nerve branches 		LABORATORY
12:30 – 12:40	Lecture: Carpal tunnel syndrome, NCS	Ian Grant	Laboratory
12:40 – 12:50	Lecture: Nerve injury	Tereze Laing	
<i>Delegates move to seminar room</i>			
12:55 – 13:25	LUNCH & TRADE STANDS	SEMINAR ROOM	

Delegates move to laboratory

13:30 – 14:45	PRACTICAL 3 – hand <ul style="list-style-type: none">• Dorsal and palmar approaches to finger• Shotgun PIP joint• Thumb MCP UCL exploration• Wagner approach to basal thumb / trapezium• Tendon anatomy, pulleys		LABORATORY
14:45 – 14:55	Lecture: Principles of tendon transfer	Mary-Clare Miller	Laboratory
14:55 – 15:05	Lecture: Principles for treating hand fractures	Peter Chapman	
15:05 – 16:00	PRACTICAL 4 – washup session <ul style="list-style-type: none">• Revise any topics from today• Attempt common tendon transfers<ul style="list-style-type: none">○ Radial nerve○ Claw hand (T1 / ulnar)• Nerve transfer<ul style="list-style-type: none">○ AIN to ulnar		LABORATORY
16:00 – 16:30	Case-based discussions	Faculty	Laboratory
<i>Delegates to depart; please help technicians to tidy up laboratory, safely discard sharps etc.</i>			