**RAUK Cambridge Cadaveric Anatomy and Ultrasound Guided Nerve Blocks Course**

**14th-16th June 2019**

**Cambridge, UK.**

Delegates will be divided into **two streams-A and B.**

**Stream ‘A’** is suitable for anaesthetists who are fairly experienced in ultrasound guided nerve blocks. Delegates appearing for EDRA part 2 should choose this stream.

**Stream ‘B’** should be chosen by those who have some experience in USGRA or those wishing to develop their skills in USGRA.

The groups in both the streams will be allocated to match the delegate’s skill level. Each stream will have course for two days. Third day is EDRA part 1 and 2 prep course. You can attend the third day along with the rest of the course or separately if you wish.

**The course fee is**

For first two days: **£400**

For three days: **£450**

Third day only (EDRA prep course) **£150.**

Contact: Dr A.M. Sardesai, Department of Anaesthesia , Cambridge University Hospital NHS Trust, Cambridge, CB2 2QQ.

E-mail:

[anand.sardesai@addenbrookes.nhs.uk](mailto:anand.sardesai@addenbrookes.nhs.uk)

or

[cambridgecourse@aol.com](mailto:cambridgecourse@aol.com).

Course website: www.nerveblocks.co.uk

**Complete application form here:**

<https://goo.gl/forms/P2x5yHMk82GCEBUn2>

**Stream A**

|  |  |
| --- | --- |
| **Day 1 ((2G01, 2G02, 2G03) 14th June**  0800-0830 Coffee and Registration (Stream A optional)  0830-1200 Lectures  - Basic Overview of upper limb blocks: Anand Sardesai  - Basic Overview of lower limb blocks: Roger Garforth  - Adjuvants vs catheters Ben Fox  - Dealing with RA complications (LA toxicity, Nerve damage, Block Failure, Infections) Morné Wolmarans  1200-13:30 Lunch & Registration for Stream A  13:30-15:00  Ultrasound demonstration & discussion on Volunteers  -Upper limb (Diaphragm sparing shoulder blocks, Retroclavicular block, Anterior approach to axillary nerve block, Intercostobrachial nerve and other cutaneous nerves-James Stimpson & James French  -Neuraxial Scanning demonstration: Anand Sardesai/Mark Crowley  15:00-15:30 Coffee  15:30 -1700 Workshop 1  17:00 End of day 1 (Punting) | **Day 2 (2GO4, 2GO5) 15th June**  0800-0930 Ultrasound demonstration & discussion on Volunteers  -Lower limb ( Adductor Canal, Fascia Iliaca, Lumbar Plexus,  -Proximal Sciatic, Ankle) Jens Borglum/ Mette Damm/Morné Wolmarans    0930-1100 Workshop 2  1100-1230 Workshop 3  1230-1400 Lunch  1400-1530  Ultrasound demonstration & discussion on Volunteers  New Chest Wall Blocks & New Abdominal Wall Blocks-  Jens Borglum/Mette Damm & Amit Pawa/ Teresa Parras    1530-1600 Coffee  1600-1730 Workshop 4 |

Following workshops will be conducted

1. Upper limb
2. Lower Limb

3. Chest wall/Neuraxial blocks

4. Abdominal Wall

Each workshop is of 90 minutes duration. First 20 minutes are dedicated to anatomy teaching on prosections. Next 10 minutes faculty will scan the model and demonstrate ultrasound anatomy. Next 60 minutes the delegates will scan the model. Six delegates per workshop giving the delegate approximately 10 minutes of scanning. During all the workshops a separate needling workshop will be available to practice needling techniques, with faculty guidance.

**Stream B programme**

|  |  |
| --- | --- |
| **Day 1 ((2G01, 2G02, 2G03) 14th June**  0800-0830 Coffee and Registration  0830-1200 Lectures  - Basic Overview of upper limb blocks: Anand Sardesai  - Basic Overview of lower limb blocks: Roger Garforth  - Adjuvants vs catheters Ben Fox  - Dealing with RA complications (LA toxicity, Nerve damage, Block Failure, Infections) Morné Wolmarans  1200-1330 Lunch  13:30-1530 Workshop 1  15:00-15:30 Coffee  15:30 -17:30 Workshop 2  1730 End of day 1 | **Day 2 (2GO4, 2GO5) 15th June**  0830-1030 Workshop 3    1030-1230 Workshop 4  1230-1400 Lunch  1400-1600 Workshop 5  1600-1630 Coffee  1630-1730 Q&A and demonstration |

Following workshops will be conducted

1. Upper limb
2. Lower Limb

3. Chest wall

4. Abdominal Wall

5. Neuraxial blocks

Each workshop is of 120 minutes duration. First 20 minutes are dedicated to anatomy teaching on prosections. Next 10 minutes faculty will scan the model and demonstrate ultrasound anatomy. Next 90 minutes the delegates will scan the model. Six delegates per workshop giving the delegate approximately 15 minutes of scanning. During all the workshops a separate needling workshop will be available to practice needling techniques, with faculty guidance.

**Day 3 EDRA Prep Course**

08.30 – 09.00 Registration & Coffee

09.00 – 09:10 Introduction and Overview of the course and EDRA

Two groups split for the day into Part 1 or Part 2 candidates

|  |  |
| --- | --- |
| **EDRA Part 1 exam- MCQ group**  09.15 – 11:00 MCQ Paper 1 & Feedback  11.00 – 11.30 Coffee  11.30 – 13:15 MCQ Paper2 & Feedback  13:15 – 14:00 Lunch  14:00 – 15:45 MCQ Paper 3 & Feedback  15:45 – 16:00 Any Further Questions, Feedback plus Current  Regional Anaesthesia Topic Discussion  16:00 Course Close | **EDRA Part 2 Exam- Viva group**  09:15 – 10:00 Viva 1  10:05 – 10:50 Viva 2  10:50 – 11:15 Coffee  11:15 – 12:00 Viva 3  12:05 – 12:50 Viva 4  12:50 – 13:50 Lunch  13:50 – 14:35 Viva 5  14:40 – 15:25 Viva 6  15:30 – 16:00 Any Further Questions, Feedback plus Current  Regional Anaesthesia Topic Discussion (as group)  16:00 Viva Course Close |